

These instructions are for the Clearblue Digital Early Detection Pregnancy Test, which has 'DIGITAL' printed on the foil wrapper. Read these instructions fully before use. This pack contains a separate instruction leaflet for the Clearblue Ultra Early Pregnancy Test.

## Pregnancy Test

Digital Early Detection

- Over 99% accurate from the day of your expected period.
- Can be used from 5 days before your missed period.
- **Read this leaflet carefully before taking a test.**

### 1 Take the test

#### IMPORTANT

- Throughout testing **never** hold the test stick with the absorbent tip pointing upwards.



Do



Don't

**If testing from the day of your expected period, you can test at any time of day. If testing before the day of your expected period, use the first urine of the day.**

- When you are ready to test, remove the test stick from the foil wrapper and take off the cap. Use the test stick straight away.

#### EITHER Test in your urine stream

- Place just the absorbent tip in your urine stream for **5 seconds only**.
- Take care not to get the rest of the test stick wet.
- Keep the absorbent tip pointing downward, replace the cap and lay the test stick flat.



OR

#### Collect a sample of your urine in a clean, dry container

- Place just the absorbent tip in the urine, as shown, for **20 seconds only**.
- Keep the absorbent tip pointing downward, replace the cap and lay the test stick flat.



### 2 Clearblue Smart Countdown

- The Smart Countdown will now be shown on the display so you know the test is working and each segment will appear in sequence to show the test is progressing.

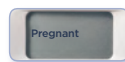


Smart Countdown

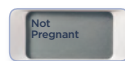
- If the Smart Countdown does not appear after you have used the test, see Q5.

### 3 Read your result

- Once the Smart Countdown is complete it will disappear from the display and your result will be shown.
- This will take a maximum of 3 minutes but some results may be shown in as little as 1 minute.
- A 'Pregnant' result will remain on the display for up to 6 months.
- A 'Not Pregnant' result will remain on the display for approximately 24 hours.



If your result is 'Pregnant' see Q9.



If your result is 'Not Pregnant' see Q10.

## 1 How does Clearblue work?

When you are pregnant your body produces the pregnancy hormone hCG (human Chorionic Gonadotrophin). This test can detect tiny amounts of hCG in your urine (the sensitivity of this test is 10mIU/ml).

## 2 When can I test with Clearblue Ultra Early?

You can test up to 6 days before your missed period, which is 5 days before your expected period. If you test before your expected period and get a 'Not Pregnant' result, there is still a chance that you may be pregnant. See chart below for results of lab testing with early pregnancy samples.

Testing Early	
Number of days before the expected period	% of samples from pregnant women giving a pregnant result
0	>99%
1	>99%
2	>99%
3	>99%
4	96%
5	79%

## 3 My test says I'm 'Pregnant'. What should I do?

You should see your doctor who can advise you on what steps you should take next.

## 4 My test says I'm 'Not Pregnant' but I still think I may be. What should I do?

You may not be pregnant, or the level of hCG may not yet be high enough to be detected, or you may have miscalculated the day of your expected period. If you tested early, test again when your period is expected. If your period is overdue, test again in 3 days' time. If this test gives you a 'Not Pregnant' result and you still have not had your period, see your doctor.

## 5 I previously tested 'Pregnant' but have tested again and got a 'Not Pregnant' result, or my period has started. What does this mean?

Whilst the test is over 99% accurate at detecting the pregnancy hormone from the day of your expected period, it's possible to get a pregnant result and find out later that you're not pregnant (i.e., you may later get a not pregnant result, or your period may start). This may be due to natural loss during the early stages of pregnancy, known as 'early pregnancy loss', which sadly is not uncommon, as around 1 in 4 pregnancies end in early pregnancy loss. If you do get unexpected results, ask your doctor for advice.

## 6 Can any medication or medical conditions affect the result?

Always read manufacturers' instructions for any medication you are taking before conducting a test.

Medications containing hCG can affect the result. Ectopic pregnancy and recent pregnancy even if not carried to full term can cause misleading results. If you are in or approaching the menopause you may obtain a false pregnant result even though you are not pregnant. The test should not be affected by hormone therapies containing Clomiphene citrate, painkillers, alcohol, antibiotics, or the contraceptive pill. If you get unexpected results discuss them with your doctor.

## 7 When I used the test the colour change tip did not turn completely pink. What should I do?

You may not have applied enough urine; however, if the blue line in the control window appears within 10 minutes of taking the test then the test has worked. If no blue line appears in the control window within 10 minutes of taking the test, see Q8.

## 8 I have taken the test but no blue line has appeared in the control window. What should I do?

If it is more than 10 minutes since you took the test, then the test has not worked. This may be because:

- The colour change tip was not kept pointing downwards or the test stick was not laid flat after urine was applied.
- Too much or too little urine was used.

Test again, using a new test stick, taking care to follow the instructions. You may wish to collect a sample of urine and test using the 'Collected sample' method.

## 9 What if I am unsure of my result?

Refer to images in 'Read your result' section.

### Picture A:

Your result is 'Not Pregnant'. If you still think you might be pregnant, see Q4.

### Pictures B-D

Your result is 'Pregnant'. The appearance of the line in the result window may vary, however, it is still a 'Pregnant' result no matter how faint or dark it is.

### Picture B:

This is more likely when you are testing before your period is expected when your hCG levels may be relatively low.

### Picture C:

This is typical when you are testing on or around the day your period is expected.

### Picture D:

This is more likely to occur when you are testing more than a few days after your period was expected as hCG levels are higher.

If you are still unsure of your result, you should wait at least 3 days before testing again, taking care to follow instructions.



**www.clearblue.com**

Advisors available 07:00 – 15:00hrs Mon-Fri, excluding Bank Holidays.

**UK 0800 917 2710 • IE 1800 812 607** Freephone.

Calls are recorded and may be monitored for quality purposes. Please have the product, packaging and foil pouches with you when you call.

For next steps, information and general advice relating to issues of pregnancy, visit our website at: **www.clearblue.com**

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For self-testing at home.

For *in vitro* diagnostic use only.

Not for internal use.

Do not reuse.

Keep out of reach of children.

Store between 2° – 30°C.

Allow to reach room temperature for 30 minutes prior to testing if stored refrigerated.

Do not use if the foil wrapper is damaged.

Do not use after the 'use by' date.

Discard with normal household waste

	Manufacturer		Do not re-use
	Batch code		<i>In vitro</i> diagnostic medical device
	Use-by date		Temperature limit 2°C - 30°C (36°F - 86°F)

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