

## Pregnancy Test

Digital Early Detection

- Over 99% accurate from the day of your expected period.
- Can be used from 5 days before your missed period.
- **Read this leaflet carefully before taking a test.**

### 1 Take the test

#### IMPORTANT

- Throughout testing **never** hold the test stick with the absorbent tip pointing upwards.



Do



Don't

**If testing from the day of your expected period, you can test at any time of day.  
If testing before the day of your expected period, use the first urine of the day.**

- When you are ready to test, remove the test stick from the foil wrapper and take off the cap. Use the test stick straight away.

#### EITHER Test in your urine stream

- Place just the absorbent tip in your urine stream for **5 seconds only**.
- Take care not to get the rest of the test stick wet.
- Keep the absorbent tip pointing downward, replace the cap and lay the test stick flat.



OR

#### Collect a sample of your urine in a clean, dry container

- Place just the absorbent tip in the urine, as shown, for **20 seconds only**.
- Keep the absorbent tip pointing downward, replace the cap and lay the test stick flat.



### 2 Clearblue Smart Countdown

- The Smart Countdown will now be shown on the display so you know the test is working and each segment will appear in sequence to show the test is progressing.

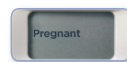


Smart Countdown

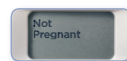
- If the Smart Countdown does not appear after you have used the test, see Q5.

### 3 Read your result

- Once the Smart Countdown is complete it will disappear from the display and your result will be shown.
- This will take a maximum of 3 minutes but some results may be shown in as little as 1 minute.
- A 'Pregnant' result will remain on the display for up to 6 months.
- A 'Not Pregnant' result will remain on the display for approximately 24 hours.



If your result is 'Pregnant' see Q9.



If your result is 'Not Pregnant' see Q10.

# Questions and Answers

## 1 How accurate is Clearblue?

This test is more than 99% accurate in laboratory tests, when used from the day of your expected period.

## 2 How does Clearblue work?

When you are pregnant your body produces the pregnancy hormone hCG (human Chorionic Gonadotrophin). The amount of hCG in your body increases in the early stages of pregnancy. This test can detect tiny amounts of this hormone in your urine (the sensitivity of this test is 25mIU/mL).

## 3 When can I test with Clearblue Digital Early Detection?

The pregnancy hormone increases rapidly in early pregnancy and this test can be used to test up to 5 days before your missed period (which is 4 days before your expected period). If you test before your expected period and get a 'Not Pregnant' result there is still a chance that you may be pregnant. See the chart below for results from clinical testing with early pregnancy samples:

| Testing Early   |     |     |     |     |
|---|-----|-----|-----|-----|
| Number of days before the expected period                   | -1  | -2  | -3  | -4  |
| % of samples from pregnant women giving a 'Pregnant' result | 95% | 90% | 82% | 51% |

- To work out when your period is expected, calculate your usual cycle length by counting the number of days from the first day of your period until the day before your next period starts.
- If you have irregular cycles, you should allow for your longest cycle in recent months before testing.
- If testing from the day your period is expected, you can test any time of day. If testing early use the first urine of the day. Don't drink lots of liquid before taking the test.
- If the result is 'Not Pregnant' and pregnancy is still suspected see Q10.

## 4 Can any medication or medical conditions affect the results?

- Always read the manufacturer's instructions for any medication you are taking before conducting the test.

- Fertility drugs containing hCG can give misleading results (these fertility drugs are usually given by injection, and testing too soon after administration may give a false 'Pregnant' result).
- Other fertility therapies (such as clomiphene citrate), painkillers and hormonal contraceptives (e.g. contraceptive pills) should not affect the result.
- If you have recently stopped taking hormonal contraception or are using fertility therapies like clomiphene citrate, your periods may be irregular, leading you to test too soon.
- If you have recently been pregnant (even if not carried to full term) you may get a false 'Pregnant' result.
- Ectopic pregnancy, ovarian cysts, menopause and some very rare medical conditions can give misleading results.
- If you have a 'Pregnant' result it is possible that you later find that you are not pregnant due to natural loss of the pregnancy which can occur in the early stages.

If you do get unexpected results you should discuss them with your doctor.

## 5 I have used the test but the Smart Countdown has not appeared what does this mean?

The test has not been performed correctly. See 'Test errors' below.

## 6 The Smart Countdown counted down much faster than I expected, what does this mean?

Some results can be displayed in as little as 1 minute. In such cases the smart countdown segments will appear more rapidly.

## 7 The Smart Countdown started but did not finish and no result appeared on the display, or an error is now displayed. What does this mean?

The test has not worked correctly see 'Test errors' below.

## 8 I have used the test but no result has appeared on the display. What does this mean?

Your result should appear on the display within 3 minutes. If no result appears please see 'Test errors' below.

## 9 My test says I'm 'Pregnant'. What should I do?

If your result is 'Pregnant' you should see your doctor who can advise you on what steps you should take next.

## 10 My test says I'm 'Not Pregnant'. What should I do?

You may not be pregnant or the level of pregnancy hormone may not yet be high enough to be detected, or you may have miscalculated the day your period is expected.

- If you tested early, test again when your period is expected.
- If your period is overdue, test again in 3 days' time. If this test gives you a 'Not Pregnant' result and you still have not had your period, see your doctor.

## Test errors

**Book error** – an error has occurred during testing. It may be that:

- The absorbent tip was not kept pointing downward or the test was not laid flat after urine was applied.



- Too much or too little urine was applied.

You should test again using a new test. Take care to follow the instructions.

## Blank error

The test has not performed as expected. This may be because the instructions for use were not followed.

You will need to perform another test. Please follow the instructions for use carefully.



## Disposing of your test

Remove the battery prior to test stick disposal. Battery disposal should be in accordance with the appropriate recycling scheme. To remove, insert a coin into the slot at the end and twist to break open the back of the test stick. If battery is not visible, slide the battery holder out in the direction of the arrow to assist removal.

**Caution:** do not disassemble, recharge or dispose of batteries in fire. Dispose of the rest of the stick according to the appropriate recycling scheme for electrical equipment. Do not dispose of electrical equipment in fire.



## www.clearblue.com

Advisors available 07:00 – 15:00hrs Mon-Fri, excluding Bank Holidays.

UK 0800 917 2710 • IE 1800 812 607

Free from landlines, mobiles may be charged. All calls are recorded and may be monitored for quality purposes. Please have the product and all the packaging, including the foil pouches, with you when you call.

This IVD digital device meets the emissions and immunity requirements of EN 61326-2-6. The EMC countermeasures employed within the electronic instrument will provide reasonable protection against electromagnetic interference effects likely to be encountered in the home environment. The following preventive warnings apply to EN 61326-2-6 compliant equipment.

a) Use of this instrument in a dry environment, especially if synthetic materials are present (synthetic clothing, carpets etc.) may cause damaging static discharges that may cause erroneous results.

b) Do not use this instrument in close proximity to sources of strong electromagnetic radiation (e.g., mobile phones), as these may interfere with the proper operation.

For self-testing at home.

For *in vitro* diagnostic use only.

Not for internal use.

Do not reuse.

Keep out of reach of children.

Store between 2° – 30°C.

Allow to reach room temperature for 30 minutes prior to testing if stored refrigerated.

Do not use if the foil wrapper is damaged.

Do not use after the 'use by' date.

This product includes batteries.

Dispose of in accordance with local regulations.

Contains small parts. Do not eat any component of this device. If accidentally swallowed,

seek medical attention.

Report any injury caused by the use of this product to Clearblue.



|  |              |  |   |
|--|--------------|--|---|
|  | Manufacturer |  | Do not re-use                             |
|  | Batch code   |  | <i>In vitro</i> diagnostic medical device |
|  | Use-by date  |  | Temperature limit 2°C – 30°C              |



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